

MEDICAL HISTORY FORM
(adapted from AAUS standards)

(To Be Completed By Student)

Name _____ Sex ____ Age ____ Wt. ____ Ht. ____

University _____ Date ____/____/____
(Mo/Day/Yr)

TO THE APPLICANT:

Snorkeling makes considerable demands on you, both physically and mentally. Snorkeling, with certain medical conditions may be asking from trouble not only for yourself, but also to anyone coming to your aid if you get into difficulty in the water. Therefore, it is prudent to meet certain medical and physical requirements before engaging in snorkeling and other activities in the water.

Your answers to the questions below are as important in determining your fitness as your physical examination. You should give accurate information or the medical screening procedure becomes useless. Please respect the intent of this medical history form.

This form shall be kept confidential. If you believe any question amounts to an invasion of your privacy, you may elect to omit and answer, provided that you shall subsequently discuss that matter with your own physician and they must then indicate, in writing, that you have done so and that no health hazard exists.

Should your answers indicate a condition that might make snorkeling hazardous, you will be asked to review the matter with your physician. In such instances, their written authorization will be required in order for you to participate in snorkeling activities. If your physician concludes that snorkeling would involve undue risk for your, remember that they are concerned only with your well-being and safety. Please respect their advise. Inability to snorkel does not disqualify you from other field activities.

	Have you ever had or do you presently have any of the following?	Yes	No	Comments
1.	Trouble with your ears, including ruptured eardrum, difficulty clearing your ears, or surgery.			
2.	Trouble with dizziness.			
3.	Eye surgery.			
4.	Depression, anxiety, claustrophobia, etc.			
5.	Substance abuse, including alcohol.			
6.	Loss of consciousness.			
7.	Epilepsy or other seizures, convulsions, or fits.			
8.	Stroke or a fixed neurological deficit.			
9.	Recurring neurologic disorders, including transient ischemic attacks.			
10.	Aneurysms or bleeding in the brain.			
11.	Decompression sickness or embolism.			
12.	Head injury.			
13.	Disorders of the blood, or easy bleeding.			
14.	Heart disease, diabetes, high cholesterol.			
15.	Anatomical heart abnormalities including patent foramen ovale, valve problems, etc.			
16.	Heart rhythm problems.			
17.	Need for a pacemaker.			
18.	Difficulty with exercise.			

19.	High blood pressure.			
20.	Collapsed lung.			
21.	Asthma.			
22.	Other lung disease.			
23.	Diabetes mellitus.			
24.	Pregnancy.			
25.	Surgery If yes explain below.			
26.	Hospitalizations. If yes explain below.			
27.	Do you take any medications? If yes list below.			
28.	Do you have any allergies to medications, foods, and environmental? If yes explain below.			
29.	Do you smoke?			
30.	Do you drink alcoholic beverages?			
31.	Is there a family history of high cholesterol?			
32.	Is there a family history of heart disease or stroke?			
33.	Is there a family history of diabetes?			
34.	Is there a family history of asthma?			

Please explain any yes answers to the above questions.

I certify that the above answers and information represent an accurate and complete description of my medical history.

Signature

Date

