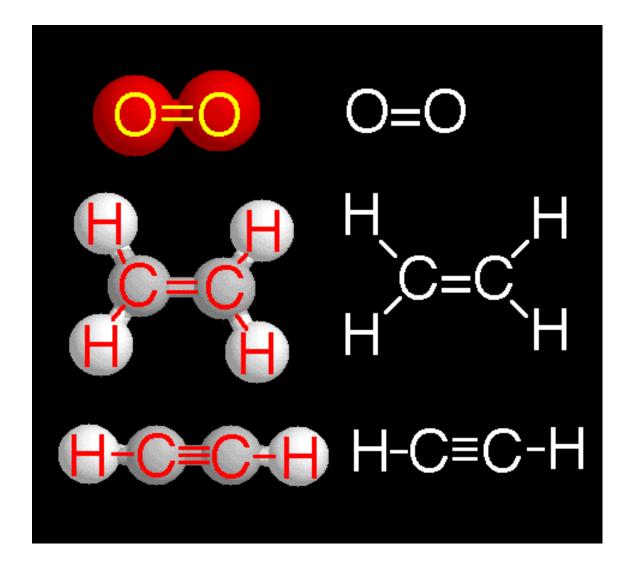
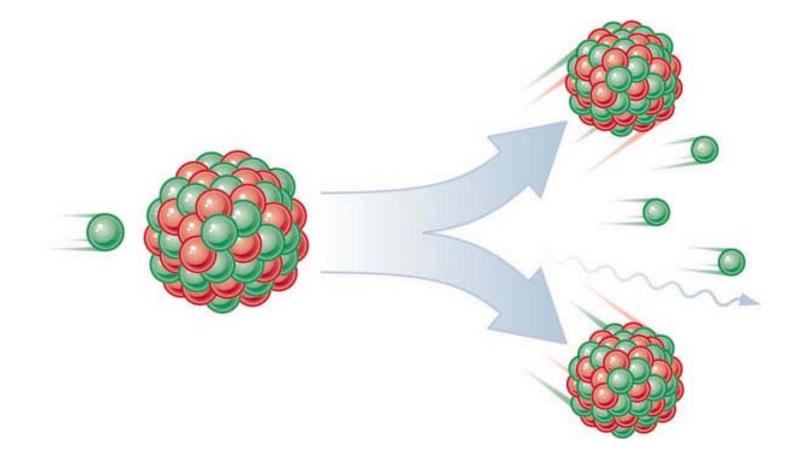
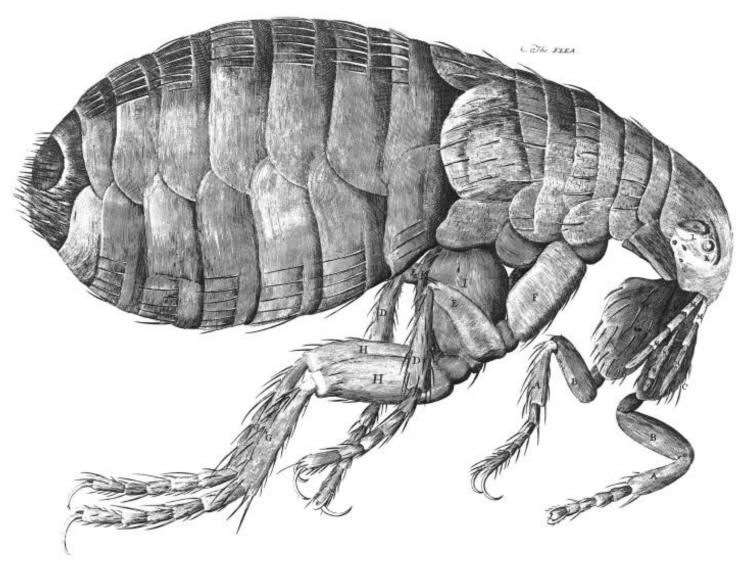
ENERGY



Break a single molecular bond: 10⁻¹⁸ J



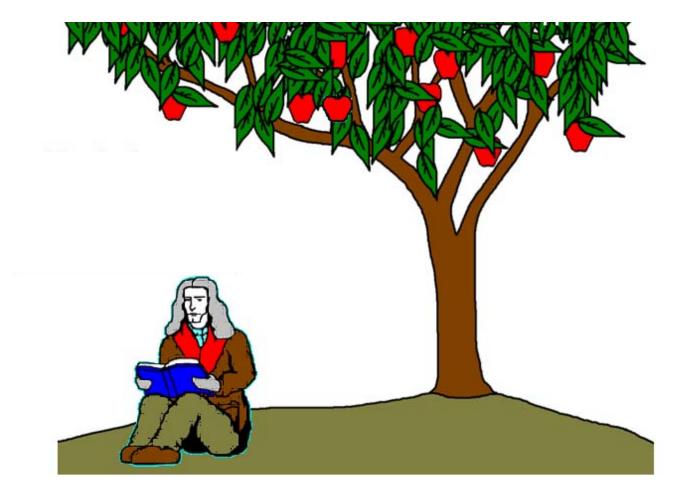
Split a single nucleus: 10⁻¹¹ J



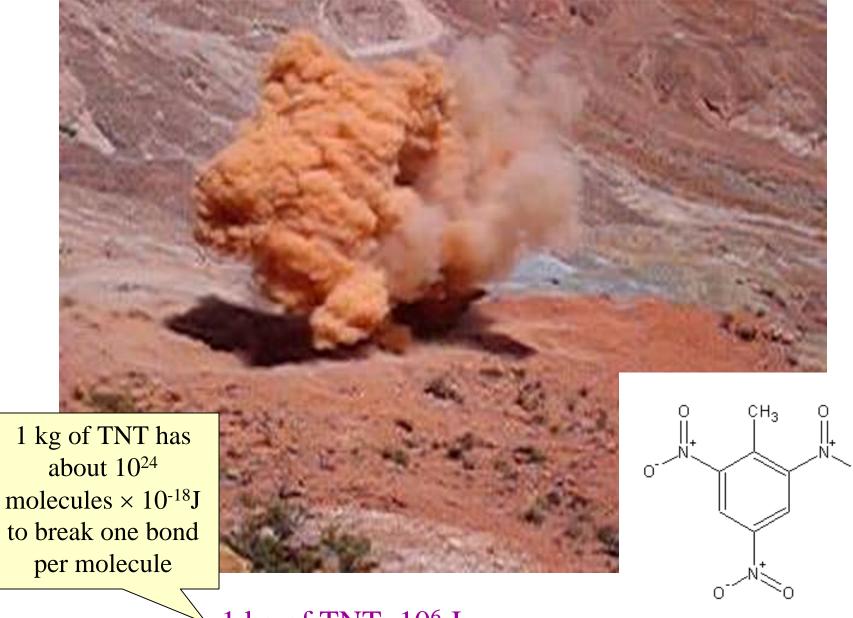
Hopping flea: 10⁻⁷ J



Depress a keyboard key: 10⁻² J



Newton's Apple: 1 J



O.

⁴ 1 kg of TNT: 10⁶ J



Gallon of gasoline: 10⁸ J



Lightning bolt: 10¹⁰ J



Atomic Bomb (Fission): 1014 J

The explosive "yield" is often quoted in kilotons of TNT. 10^{14} J would require 10 kton = 10,000,000 kg of TNT. The Hiroshima bomb was 15 kton.



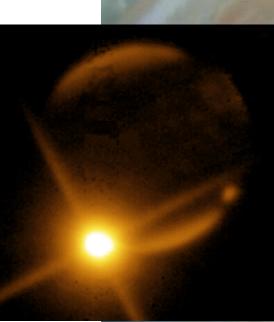
Meteor Impact: 10¹⁶ J

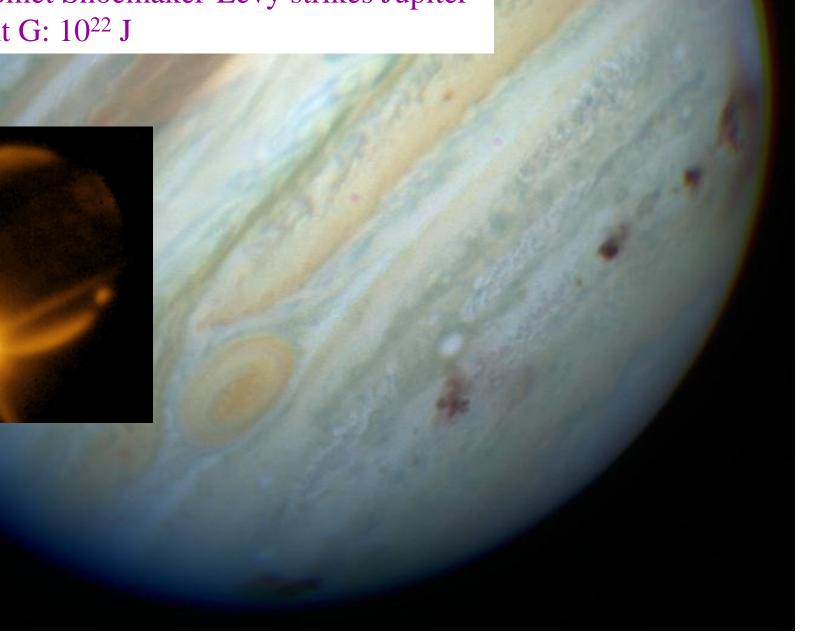


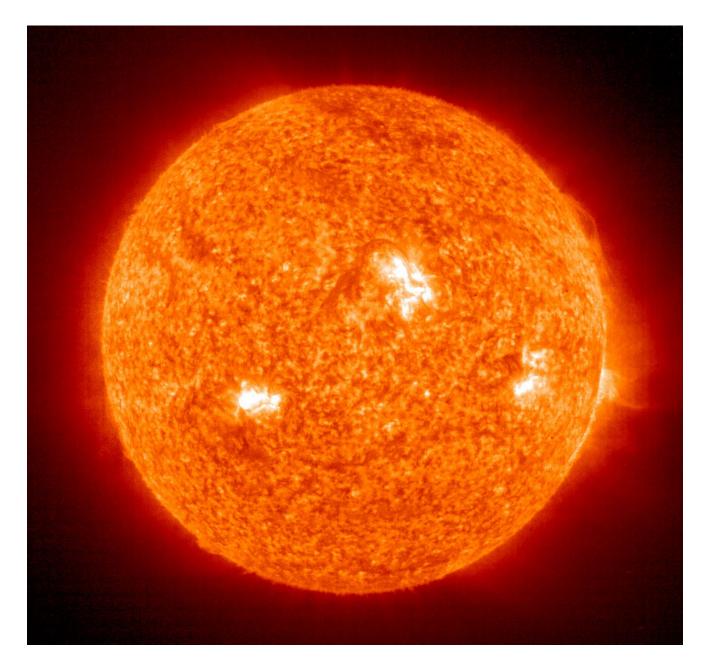


Exploding volcano: 10¹⁸ J

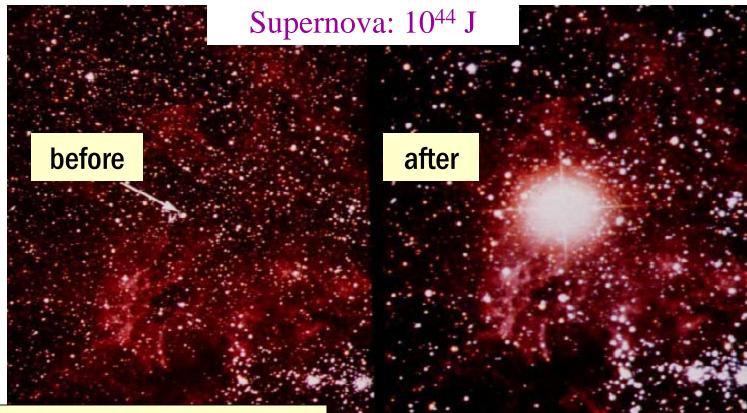
1994: Comet Shoemaker-Levy strikes Jupiter Fragment G: 10²² J



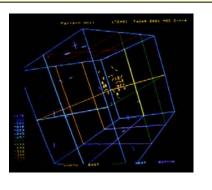


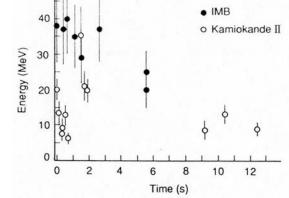


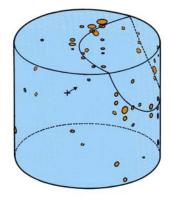
Output of our sun for one year: 10^{34} J

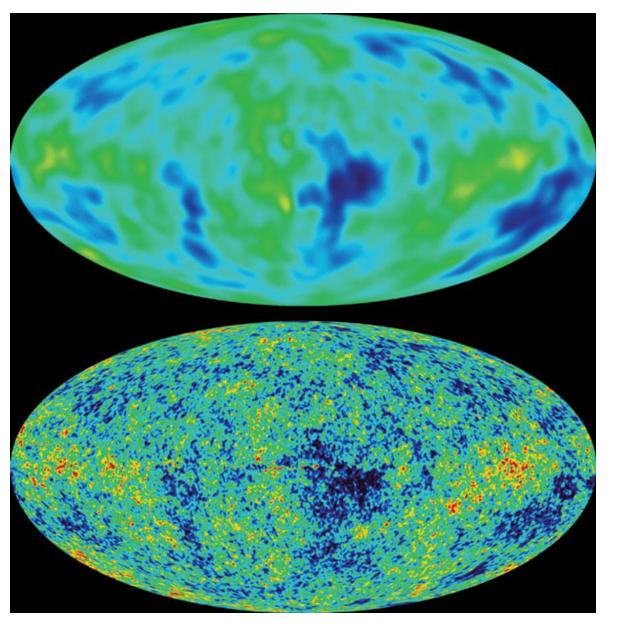


99% of energy released in the form of neutrinos. In 1987, this supernova was detected by ~ 20 neutrinos within 12 seconds on earth (160,000 light-years away).









2006 Nobel Prize in Physics

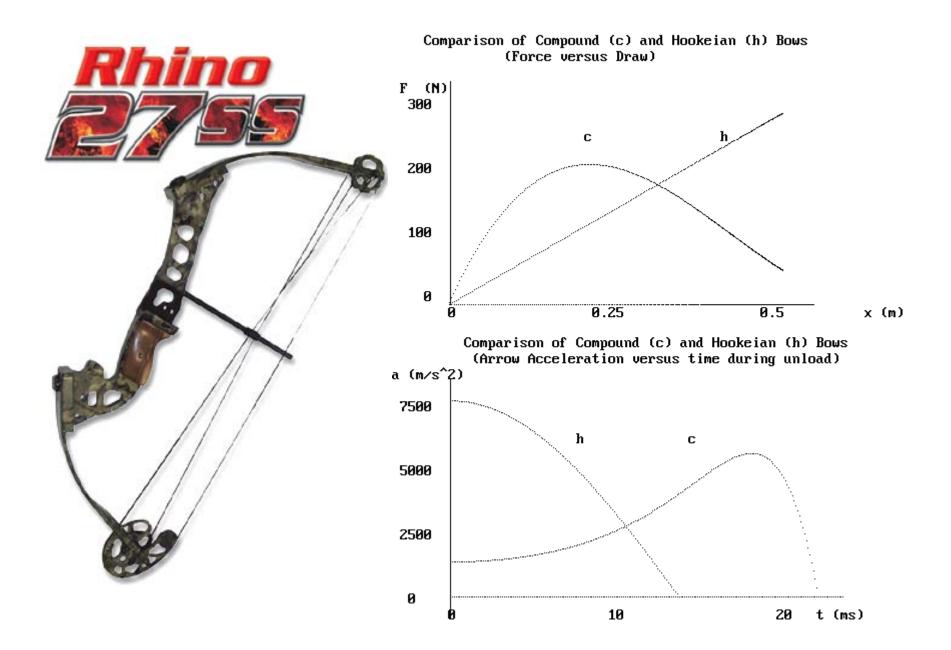


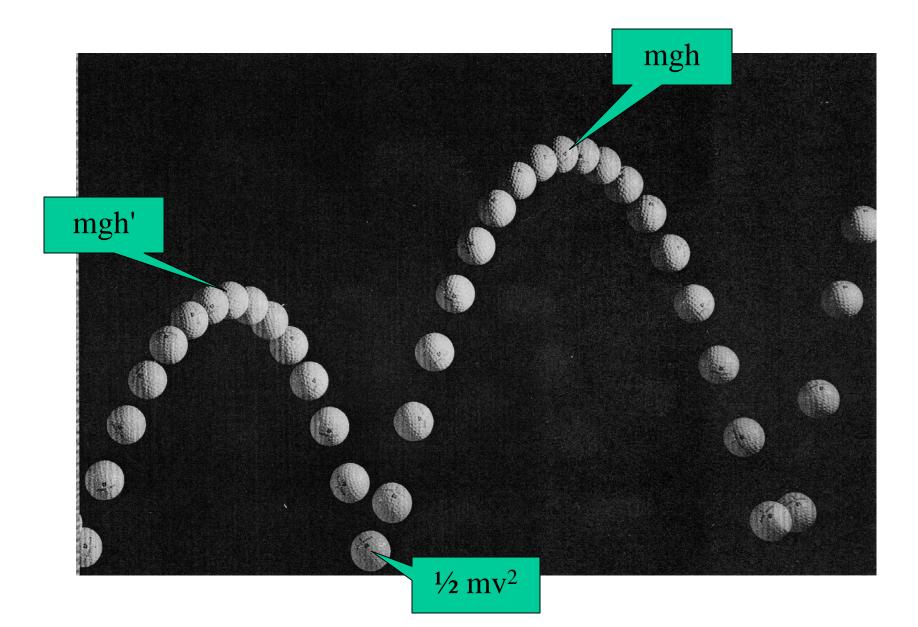


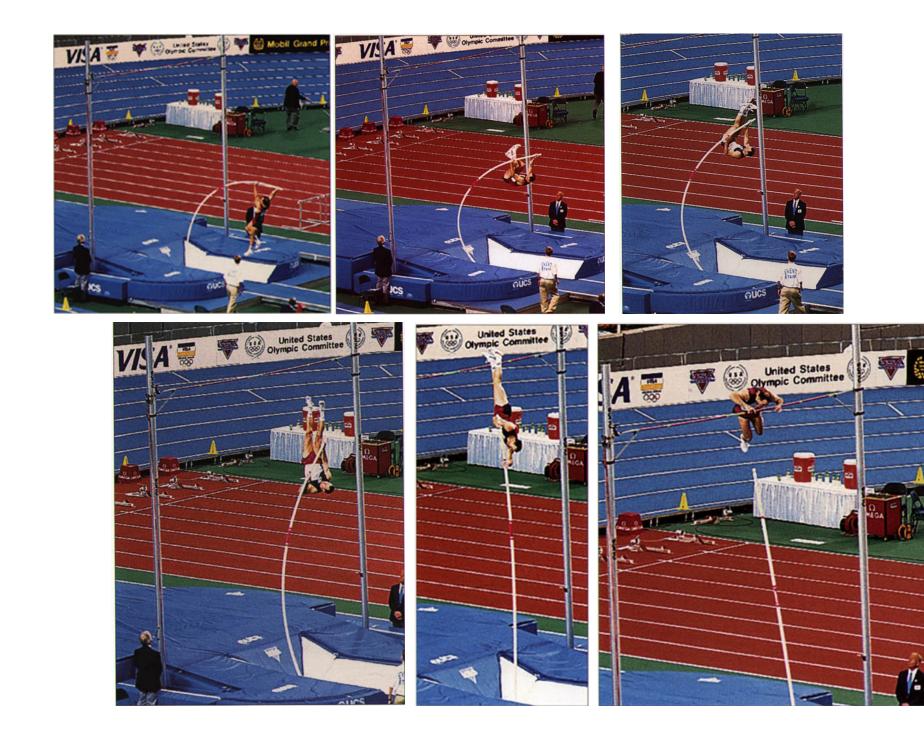


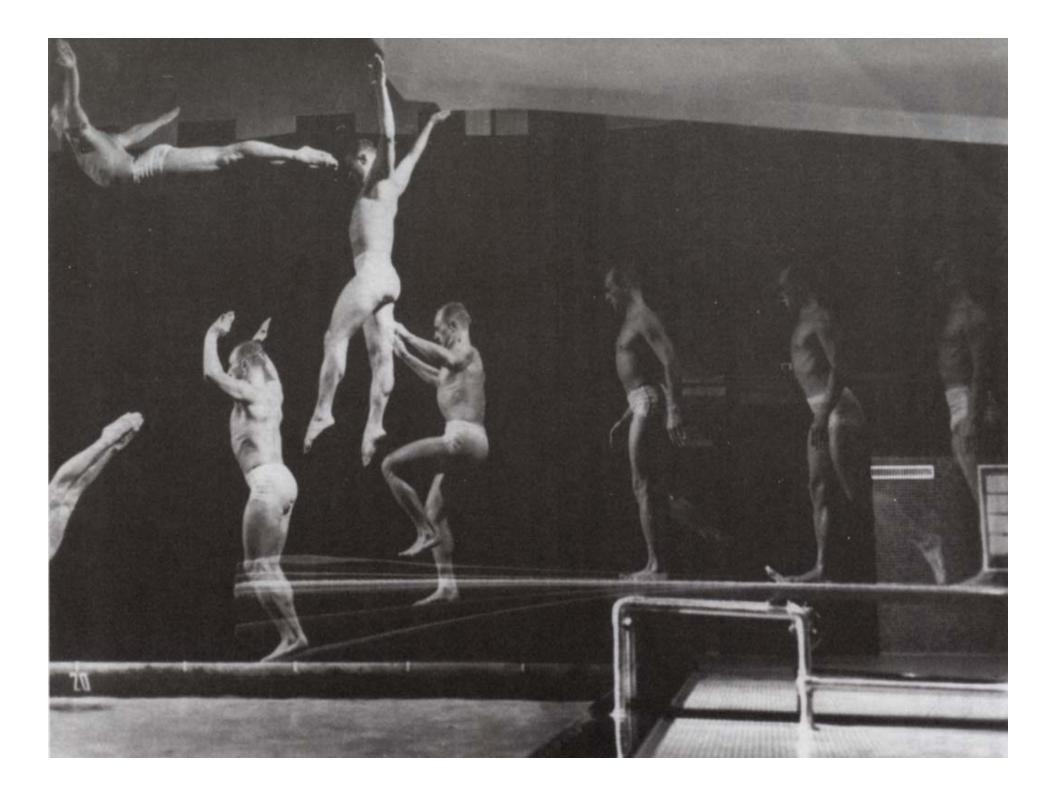
Creation of the Universe: 10⁶⁸ J

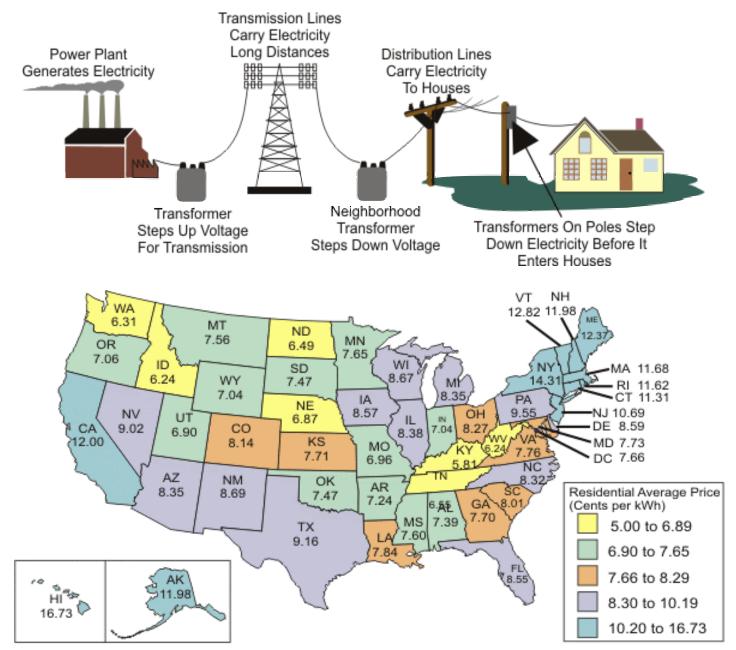




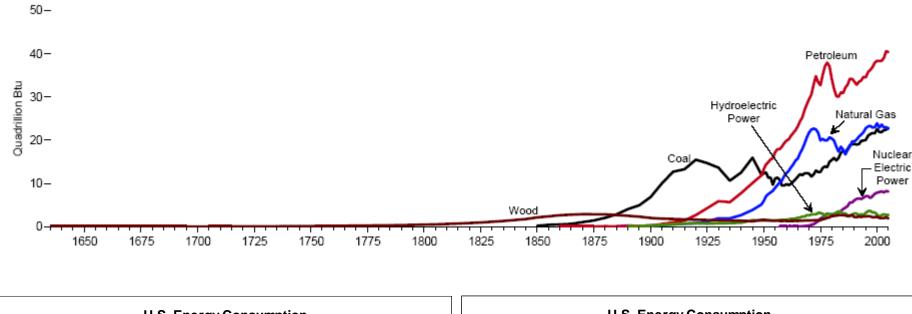


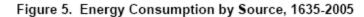


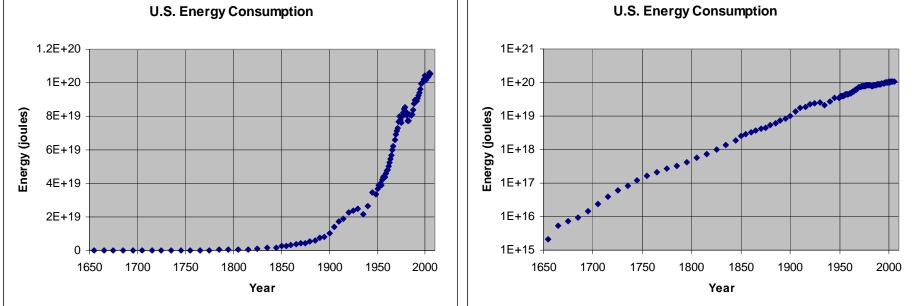


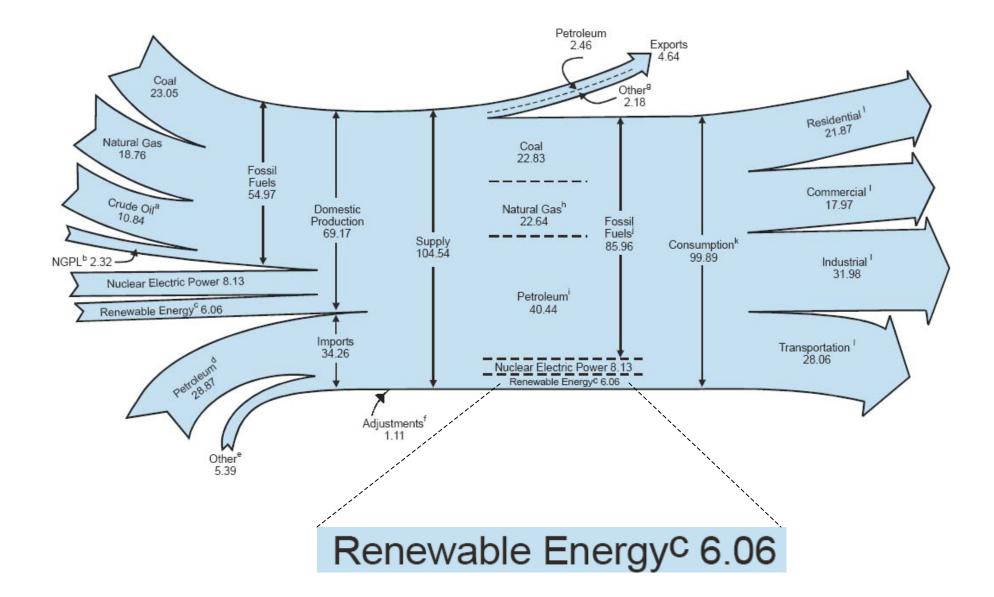


Source: Energy Information Administration, Form EIA-861, "Annual Electric Power Industry Report."









U.S. Total Energy Consumption Rate $(10^{20} \text{ J} / 3 \times 10^7 \text{ s})$	$3 \times 10^{12} \mathrm{W}$
Hoover Dam	$2 \times 10^9 \mathrm{W}$
Automobile at 60 mph	$10^5 \mathrm{W}$
Electric Stove	10 kW
Clothes Dryer	5 kW
Per capita electricity in US	1.5 kW
Solar intensity at earth, per square meter	1 kW
Desktop computer	200 W
100 W lightbulb	100 W
Laptop computer	40 W
Compact fluorescent lightbulb	18 W
Pocket calculator	10 ⁻³ W

Activity	Power (watts)	Oxygen Consumption (liters 0 ₂ /min)
Sleeping	83	0.24
Sitting at rest	120	0.34
Sitting in class	210	0.60
Walking slowly (4.8 km/h)	265	0.76
Cycling (13-18 km/h)	400	1.14
Shivering	425	1.21
Playing tennis	440	1.26
Swimming breaststroke	475	1.36
Climbing stairs (116/min)	685	1.96
Cycling (21 km/h)	700	2.00
Running cross-country	740	2.12
Playing basketball	800	2.28
Cycling, professional racer	1855	5.30
Sprinting	2415	6.90

TABLE 6.5 Human* Power and Oxygen Consumption

*Normal 76-kg male.

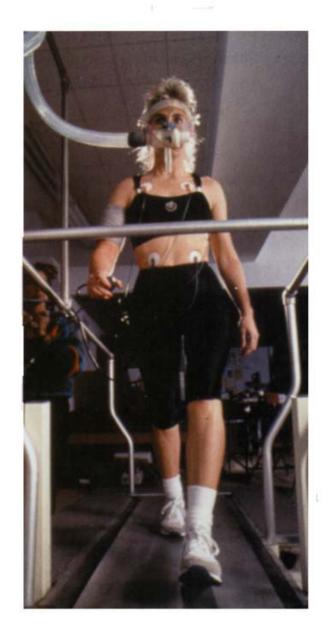
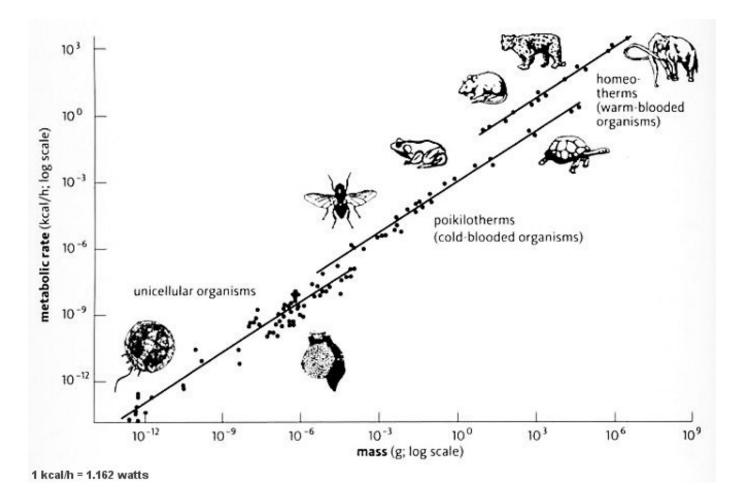


TABLE 5.1

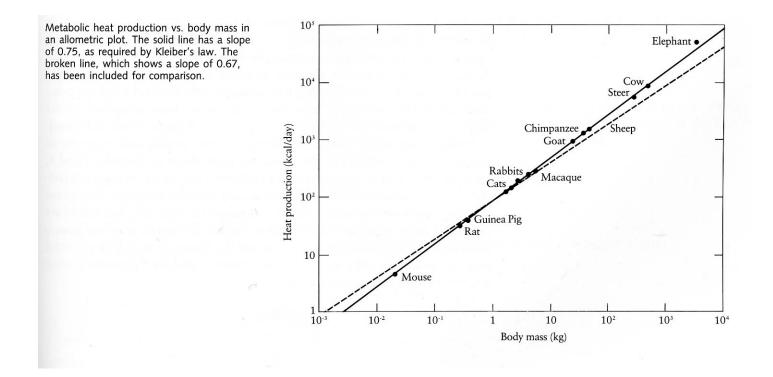
Maximum Power Output from Humans over Various Periods

Power	Time
2 hp, or 1 500 W	6 s
1 hp, or 750 W	60 s
0.35 hp, or 260 W	35 min
0.2 hp, or 150 W	5 h
0.1 hp, or 75 W (safe daily level)	8 h

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Kleiber's Law (1932)



One simple line of reasoning using scaling: Mass ~ Volume ~ L^3 Equivalently L ~ $M^{1/3}$ Metabolic activity requires removal of Heat Heat Dissipation ~ Surface Area ~ L^2 ~ $M^{2/3}$ (dashed line)

But data seems to show $M^{3/4}$ (solid line)

Some scientists suggest explanations for ³/₄ power...

The scientists who developed the scaling theory took clues from naturally occurring networks that carry lifesustaining fluids in organisms in which each small part is a replica of the whole. No matter how big the organism. the ends of these fractal networks are always the same size. since individual cells are

The Networks



of similar size in all organisms.

TREE BRANCHES West, Brown, Enquist Science 276 (1977) p. 122

... other scientists suggest that it is 2/3 with more data and within statistical uncertainty

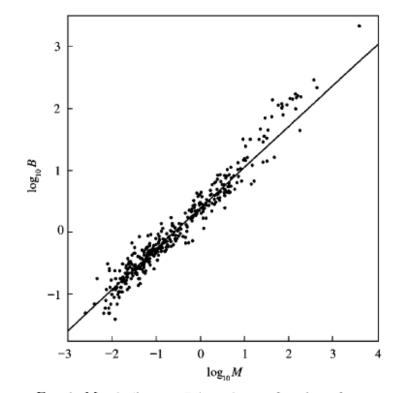


FIG. 1. Metabolic rate, B (watts), as a function of mass, M(kg), for 391 species of mammals. Data taken from Heusner (1991b). The straight line represents the best fit for the 357 species with mass less than 10 kg where $\hat{\alpha} = 0.668 \pm 0.019$. The upward deviations for species with larger mass (see Table 1) may indicate a real biological difference but may also be due to the paucity of data.

Dodds, Rothman, and Weitz, J. Theo, Biology 209 (2001) p. 9



Exploring Biomechanics Animals in Motion R. McNeill Alexander Scientific American Library Measuring the oxygen consumption of a walking elephant: an experiment by a team led by Richard Taylor.