

Boston University Varsity Athletics Try-Out Procedures

Boston University students who wish to try-out for a varsity sport must complete the Boston University pre-participation screening procedure prior to their try-out. In order to expedite this process the following steps must be followed:

1. Download and complete the *Athletic Medical Screening Packet* found on the athletics website (<http://goterriers.cstv.com/athleteservices/sports-medicine.html>.) Return this form directly to the BU Sports Medicine Department
2. Make sure that you have completed Student Health Services' *Health History and Physical Examination Report* that you received as part of your admission materials. This must be on file with Student Health Services.
3. Speak with the NCAA Compliance Coordinator at 300 Babcock Street, 2nd floor and state your intentions to try out for a varsity team. He will provide you with an NCAA try-out form that **must be signed** by a certified athletic trainer and the NCAA Compliance Coordinator before any athlete will be allowed to try-out.
4. Once these forms are completed the BU Sports Medicine Department will review these forms.
5. After the forms are reviewed and are in good standing you will be allowed to try-out for a team. The student-athlete will have 14 days that he/she can train with the team, during their "try-out" period.

If the coach decides to add you to their squad you will then have to be seen by a BU team physician. If the physician feels that the athlete is physically capable to participate the athlete will be allowed to join the team.

Specific dates will be scheduled for these screenings. If you are unable to make these dates, we will set up an appointment for you at Student Health Services for a nominal fee.